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Taking part as an intern was a great experience as an undergraduate student. It allowed me to go out into the working world and see what it's really like to have a job as a School Psychologist or a School Counselor. Not only was I able to see the typical daily responsibilities of the School Psychologist, as well as both the Elementary and High School counselors, but also I was able to have some hands-on experiences of my own. I learned about several aspects of the school system and how it functions, as well as about Special Education programs and testing. I was able to sit in on group counseling and guidance classes, as well as teach a 5th grade lesson on my own. The experience is really anything you can make out of it. It gives you a feel for your comfort level in your field of interest and allows you to develop and grow as an individual. Since my internship was at the undergraduate level and further education educations training is needed, I was not offered a job after the experience. Even so, it was an excellent stepping stone in considering my future graduate school foals and deciding on which path to ultimately pursue. If other students have the least bit of interest in interning, I would highly recommend doing so. It counts as credit towards college, yet you aren't at all confined to the campus. There is an opportunity to go out and get real experience in a setting that could potentially be the one of your future career. I know several interns who have been offered a position following their experience. It's so rewarding, in those cases, to know that the time and effort that has been put in have truly paid off. If students are nervous, of confused, or simply don't know what direction to pursue, I say intern anyway. It could be the distinguishing factor between making a choice to go down a certain career path and beginning to pursue another. It's a learning experience. It helps you to grow as an individual. I would say nothing is worth more than that.

CDO is very helpful in preparing you for the internship experience. If you aren't sure about how to write a good resume or cover letter, they are there to help you out and give you some pointers. The evaluations that are necessary for both supervisor and intern are mailed out promptly and instructions are clear. I think it is of your benefit as a student to utilize the CDO in helping you to determine what your intern experience will be and how you will get there. Even after interning, CDO is there to guide you down the path to finding the right job.